

NOVEMBER 2025



BROADBEACH
UNIVERSITY OF THE THIRD AGE

Monthly Newsletter

U3A BROADBEACH



Garden Appreciation Group enjoying a taste of spring at the Kerkin Garden in October.

Earlier in the year our U3A Garden Appreciation Group had a delightful visit to the spectacular Japanese Garden in the Currumbin Valley. This garden has not been open to the public this year so it was a special privilege to have a guided tour just for us by the owner. We were blown away by the scale and variety of these gardens that have been created over 30 years from a former dairy farm. It was a particular bonus that the visit coincided with a day of golden Gold Coast spring weather. As ever the meeting was well attended with our coffee and cakes in the old Dairy Shed making for a most social finale.



Japanese Garden cont.



A Spring Song

The young green leaves is shootin' on
the trees
The air is like a long cool swig o' beer,
The bonzer smell o' flowers is on the
breeze. C.J Dennis

Office Hours:

Burleigh Waters Community Centre,
111 Christine Avenue, Burleigh Waters

Wednesday 9.30am to 10.30am

during school terms only

Mudgeeraba Community Centre

Firth Park, Mudgeeraba

Thursday 10am to 12pm

U3A Broadbeach President's Report

– October 2025

October was Seniors Month, and U3A Broadbeach was proud to both host and participate in several community events. These included The Shakeout (organised by the Gold Coast City Council and featuring movement activities presented by Everybody Now), our Burleigh Waters and Mudgeeraba Open Days, and attendance by local Councillor Nick Marshall at one of the Electric Jam Sessions.



A huge thank you to all our volunteers who helped make these events a success, and a warm welcome to new members who joined as a result.

During the month we also held an Extraordinary General Meeting at Burleigh Waters Community Centre, attended by 32 members. The motion to change the organisation's name passed (31 in favour, 1 abstention), and the Constitution update was approved unanimously pending a clarification regarding the inclusion of the Grievance Policy.

An application for a change of name has been lodged with the QLD Office of Fair Trading, and we await their confirmation.

Thank you to everyone for your continued support and contribution to our U3A community.



Trivia

1. What is the longest mountain range in the world?
2. Which artist painted the ceiling of the Sistine Chapel in Rome?

A life spent making mistakes is not only more honourable, but more useful than a life spent doing nothing.

George Bernard Shaw

November 2025 Calendar

Saturday 1 November - Ladies Breakfast – 8.30am to 10am – various locations

Wednesday 5 November - Blokes Breakfast – 8.30am to 10 am – various locations

Wednesday 5, 12, 19, 26 November - Coffee Time at Burleigh Sports Club 10.45am to 12noon

Wednesday 5, 19 November - Trivia at Surfers Paradise Golf Club – 6pm to 9pm

Sunday – 16 November - Theatre Outing – “Oklahoma” at the Gold Coast Little Theatre - 2pm to 4pm

Tuesday 18 November – Movie Outing – “Hamilton – the Movie” at Dendy Theatre – 10.30am – 1.30pm

Tuesday 18 November - Luncheon at Club Robina – 11.30am to 2.00pm

Thursday 20 November - Happy Hour at Kurrawa Surf Club - 5.30pm to 6.30pm

Friday 21 November – Bus Excursion to North Stradbroke Island – 8am to 5pm

Friday 28 November - Look Who's Talking at Burleigh Waters Community Centre - 10.30am – Speaker is Trevor Hamley, author of “Vodka in a Vegemite Jar: an Australian on a Soviet Antarctic Expedition” - morning tea/coffee provided

December 2025 Calendar

Tuesday 2 December - Movie Outing at HOTA

Wednesday 3 December - Blokes Breakfast – 8.30am to 10 am – various locations

Wednesday 3, 10 December - Coffee Time at Burleigh Sports Club 10.45am to 12noon

Wednesday 3 December - Trivia at Surfers Paradise Golf Club – 6pm to 9pm

Tuesday – 9 December - U3A Christmas Party at Currumbin RSL – 11.30am to 2.30pm - Invitation to be issued shortly.

Friday 12 December - Term 4 ends

Anagrams: 1. PAPALDUDE 2. TILECONES
Answers - Last Page

Memoirs - Mondays at Broadbeach Community Centre



What is a memoir writing? Reflections from the group.

Why am I in this Memoirs Class? There are several reasons. Firstly to get to better know myself. The second is to better express my thoughts, and finally to leave something behind for my children and grand children to dwell upon.

What do I like about memoirs? It is satisfying to write stories about my life. I enjoy reading my stories aloud. It is fascinating to hear other' stories. Challenging, motivating and interesting that is - what Memoirs means to me.

Our group is kind and considerate and supportive. We are challenged as at times as we struggle with putting our memoirs on paper. We learn from each other. Different ways of structuring our memoir writing, the difference between diary, journalling and memoirs. I love that we read our writing out loud thus providing witness to our memories and writing. We gain new insights as we hear ourselves reading our written words. A very valuable group.

I am learning to write from the heart by listening to others stories. I am assured creativity can arise out of spontaneous ideas and happenings. Joining Memoirs was timely, arriving before I was ready to give the idea away. I had watched my mother write her memoirs and was amazed at her daily contribution on her PC. She was almost 80. Discipline I have little of, but coming to Memoirs has helped me with that. Within the group I feel trust and non-competitiveness, and encouraged by the group.

Memoir writing is about your experience of the of the world. And done with the reader in mind. It is a way to share your life with your descendants and others. Memoirs are an important record of Social History.



Be a good listener, sometimes carers just want to be heard, that's all that might be required.

CONTACT US

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2. Michelangelo
1. The Andes 70000km long
Anagrams: 1. Applauded 2. Elections

Answers

Friday 21 November – Bus Excursion

North Stradbroke Island
8am to 5pm

Time permitting, we will take a scenic drive, and if possible visit the museum, before making our way to The Lookout, where we will have lunch (at your own expense). You're also welcome to bring your own if that is your preference.

Soak in the views or walk down to the beach. Please be aware to be back in time to board the bus, as time as of the essence for the departure time. Ferry leaves at 3 pm. If anyone misses the time we will be unable to wait and you will need to get home at your own expense.



Quote un Quote
A smart man makes a mistake, learns from it and never makes that mistake again. But a wise man finds a smart man, and learns from him how to avoid the mistake altogether.
Roy H. Williams